

# Course two

Clear aligners beyond accreditation  
including group case discussions

## COURSE TWO

 **SYD:** 18 - 19 May 2019 / **Venue:** Pullman Sydney, Hyde Park  
**MEL:** 25 - 26 May 2019 / **Venue:** TBA

 \$2500 + GST (16 CPD)

### DAY ONE

Time	Lecture Title	Lecturer	Topics Covered	Learning Outcomes
1.5 lecture	Introduction to Customised Digital Orthodontics and Clear Aligners	Dr. Vandana Katyal	Evidence-based customised orthodontics, clear aligner systems, accreditation pathways, setting up clinical practice and protocols for customised orthodontics, tele-dentistry in orthodontics.	Why clear aligners are the future of orthodontics, remote monitoring and increasing treatment efficiency, clinical protocols that are practical in everyday use.
1.5 lecture	Smile Design with a focus on Clear Aligners	Dr. Vandana Katyal	Principles of digital smile design, tooth movement planning, ideal smile aesthetics, macro aesthetics, micro aesthetics, mini aesthetics.	Learn how to individualise treatment plans based on smile design principals, 3D simulations and case presentations.
1.5 lecture	Aligner Biomechanics	Dr. Vandana Katyal	Tooth movement basics, evidence-based aligner setups, types of attachments, ideal position and placement of attachments.	Learn how to effectively and efficiently use clear aligners with knowledge beyond accreditation courses, what types of attachments to use for which situations, finishing with aligners, understand aligner efficiency.
1.5 lecture	Clear Aligner Attachment Protocols	Dr. Vandana Katyal	Types of attachments, evidence-based treatment planning with clear aligners, using auxiliaries with attachments, clear aligners biomechanics.	Identify treatment aims and biologic limits of tooth movements, estimate appropriate arch form, understand the effect of expansion/extraction on space, attachment and treatment sequencing protocols.



0439 819 412



info@breakthroughwithboss.com

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## DAY TWO

Time	Lecture Title	Lecturer	Topics Covered	Learning Outcomes
1.5 lecture	Invisalign Teen	Dr. Vandana Katyal	Basic concepts of facial growth, aesthetic demands, treatment for Class II and Class III malocclusions using growth, social concepts and self esteem.	Understand basics of facial growth and timing for various treatments, understand why the shift for aesthetic appliances, how to apply growth modification principles with clear aligners with case presentation.
1.5 lecture	Evidence-based Aligner Treatments	Dr. Vandana Katyal	Literature review for clear aligners, critical appraisal of current evidence for aligners, applying science to everyday practice.	Understanding the growing evidence for clear aligners and how this impacts your treatment planning.
1.5 lecture	Dealing with Vertical Problems in Clear Aligners	Dr. Vandana Katyal	Deep bite protocols, open bite protocols, advanced mechanics with clear aligners.	How to overcorrect Clinchecks based on evidence, deal with vertical problems in children and adults.
1.5 lecture	Workshop: Case Presentations	Dr. Vandana Katyal	Group based case discussion and treatment planning for clear aligners.	Apply biomechanics and treatment planning principals learnt to clear aligner therapy. Learn tips of how to efficiently use clear aligner softwares.